



# UNDERWOOD

THE EDITION OF URAL INSTITUTE OF HUMANITIES

№ 1 (1)  
September, 2017

## INTERVIEW WITH THE DIRECTOR

First-hand information about  
goals and prospects of the Institute  
*p. 4*

## TO THE FRESHMENS

How to get involved into a student life  
and where to find all necessary  
information? *p. 6-7*

## PLANNERS FOR STUDENTS

September is going to be eventful!  
Are you ready? We are!  
*p. 8-9*

# The first of September, the first edition

Dear readers, we are pleased to present you “Underwood” — a periodical edition of the Institute. It is a publication with which we step into the student life of the new institution. And, most importantly, we do it together.

Together with the first-year students, who have just opened the doors of the Ural Federal and the Institute. Together with each of the senior students, who are waiting with interest of what is standing behind the change in their group number.

It is done together with teachers and the Institute staff who are ready to carry out new educational projects and offer them to students. But, as we move forward, we wanted to answer the questions: “What is the Institute for us and what distinguishes it from all others?” And the answers were found in two seemingly simple words. People and events. People and events that fill, develop, nurture educational, scientific, extra-curricular activities within the walls of the Institute.

People and events — it is in these vast issues that the most exclusive features of our institute are concluded, and we would like to tell you about them on the pages of Underwood.

As for the title of the edition: we noticed it in a photo from the Museum of History of St. Petersburg. The typewriter is a symbol of the literary epoch. With a golden, slightly erased inscription — “Underwood”.

Together we encounter a new phase — the formation of the largest humanitarian institute of the Ural Federal. This path is impossible without the unique people whose work, ambition and creativity makes new projects and amazing ideas come true. We are happy to admit that such people make up our institute, and with great pleasure we invite the freshmen to our Institute family!

*The editorial board of “Underwood”*

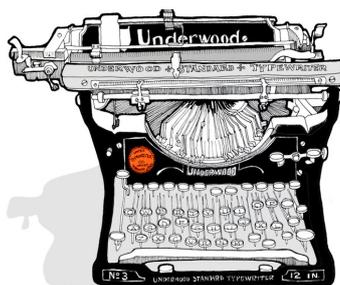


Illustration: bambi edlund

## Contents

Words from the editorial board.....	2	Advice to a freshman .....	10
About the Institute .....	3	Mentors .....	11
Interview with the Institute director .....	4	Education and travel with Erasmus + .....	12
7 reasons to join the Students' Union .....	6	“After the degree” .....	13
Briefly about the main points .....	7	Bookshelf.....	14
Checklist for a freshman .....	8	Cinema.....	15
Checklist for an undergraduate .....	9	Educational resources .....	16

## Ural Institute of Humanities

is found on base of Institute of Humanities and Arts and Institute of Social and Political Sciences

9

departments

32

degree programs

37

chairs

81

educational programs

### Director of the Institute

Symanuk Elvira Evaldovna  
**Address:** Lenina St. 51, aud. 240  
**Tel:** 8 (343) 389-94-12  
**E-mail:** e.e.symaniuk@urfu.ru

### Executive chairman of the Students' Union of the UIH

Afanasyeva Natalya Andreevna  
**Address:** Lenina St. 51, aud. 119  
**Tel.:** 8 (922) 120-02-75  
**E-mail:** afanasjewa.natali2010@yandex.ru

6000

students

1500

freshmen

400

foreign students

150

foreign freshmen

### International activity

University-partners, among them:

- University of California, the USA;
- University of York, England;
- Maria Curie-Skłodowska University, Poland.

### Scientific activity

- 9 dissertation committee
- 12 educational and scientific laboratories
- 26 centers of various orientations
- 143 postgraduates

### Our Addresses

#### Academic buildings

- Lenina St. 51
- Turgeneva St. 4
- Mira St. 19
- Sophya Kovalevskaya St. 5

#### The Students' Union of the UIH

- Lenina St. 51, aud. 119

### Сайт и социальные сети

#### Websites and social networks

- Official website of the Institute: [urgi.urfu.ru](http://urgi.urfu.ru)

#### Social networks of Student Union

- VK: [vk.com/ugi\\_urfu](https://vk.com/ugi_urfu)
- Instagram: [@ugi\\_urfu](https://www.instagram.com/ugi_urfu)

*Our hashtag is #УГИвМоейЖизни*

### “Underwood” in touch

**Website:** [urgi.urfu.ru/underwood/](http://urgi.urfu.ru/underwood/)  
 The digital version of our edition in Russian and English is already on the Institute website!

“We are the only Institute that is responsible for a person”

**Elvira Evaldovna Symanuk**

Photos by Darya Plehneva

**The day when the doors of the Institute are opened for its first academic year has come. We’ve met with the head of the department of general and social psychology, the director of the department of psychology, the director of the Institute, the doctor of psychological sciences Elvira Evaldovna Symanuk to talk about her career path, personal interests and prospects of the new Institute development**

— **How did your professional life start, and what achievements in your career do you consider to be the most important?**

— Perhaps the career path began within the family. There was plenty of literature on psychology at home, I read and studied what my father had been working on. That’s how my interest and desire to become an expert in this field appeared. Speaking of scientific achievements, they are 11 Ph.D. defenses of my graduate students in pedagogy and psychology, whose topics were emotional burnout, discrepancy of value orientations, and features of professional choice.

— **How did you career at Ural Federal University develop?**

— I started with a professorship. I saw the potential in the UrFU’s students and the opportunity for myself to teach and give lectures differently. I built up my research activity: I’m researching crises, psychological barriers to professional development. Therefore, I believe that if there are no obstacles and difficulties, there is no way forward.

— **What do you particularly like about working at the UrFU?**

— Students. These are people who always keep you on your toes and do not allow you to lose focus. It’s very pleasant

to work together with our students — this is a process of mutual development. We make collective discoveries, carry out important projects. It is an opportunity to always move with the time.

**“IF THERE ARE NO OBSTACLES AND DIFFICULTIES, THERE IS NO WAY FORWARD”**

— **Tell us what you do in your free time.**

— Most of all I like to read. Now I’m reading the book “The Second Life of Uwe” by Fredrik Bakman. It absorbed me with the description of a man’s fate who finds the strength to live after he had failed in many spheres of life.

My most beloved film is “White Prisoner”. Its depth and amazing work with the restless Husky fascinates me. We watched it after we had had a dog, a hussel named Balt.

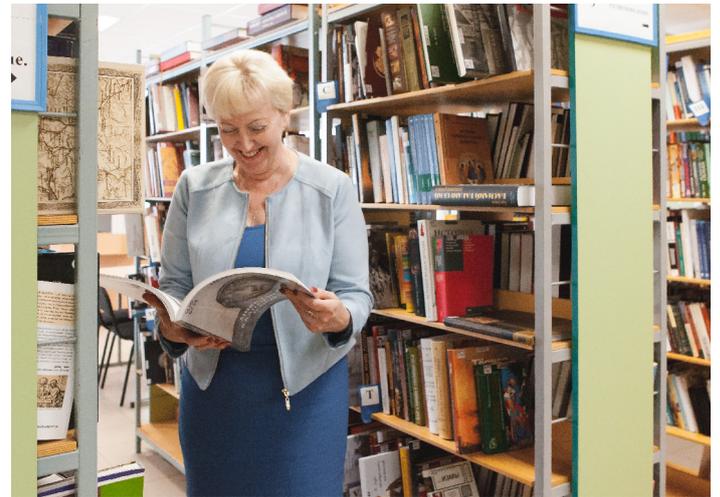
I really love small towns in Europe. Cozy, quiet windows with numerous flowers — geraniums on them. In such cities time seems to be going at a slow, quiet pace, and you rest from the hustling and bustling rhythm of life.

— **And what is the creative side of your life?**

— I’m fond of creating something new, to take risks. In particular, we bought a piece of land, and now I’m trying to find myself as a specialist in landscape design.

— **Let’s go back to the Institute. What necessity was there to integrate IGNI and ISPN?**

— I suppose that the integration of students who study human arts would allow us to live and develop in one corporate culture, to create interesting projects.



The communication of a journalist, a psychologist, a philosopher, a sociologist and a historian is an amazing performance, because we are building up a single process into a whole semantic line.

On the eve before the meeting with the freshmen I came to a conclusion that we are probably the only Institute in UrFU, which is responsible for an individual: for their individuality, development, for everything that torments and worries him. For what makes us human.

— **What goals and tasks is the new Institute facing for the next academic year?**

— The main goal is to preserve the traditions of the Ural humanists, to form unique organizational corporate culture, to come to a realization of new ways and methods of teaching. I'd like all novelty to respond to the modern requirements of students and allow reaching the best results.

— **At the moment the Ural Institute is the biggest institute in the UrFU. How will this influence students, teachers and the atmosphere in general?**

— The atmosphere depends on us only. We live in the same university, in the traditions of classical university education. As for the teachers, in terms of their routine, conditions, wages, and status — nothing has changed, but there is an opportunity to participate in new projects. It's also the same for students. From the 1st of September, the campus on Lenina St. 51 completely owned by humanists.

**“IF THERE IS A DESIRE TO CHANGE SOMETHING, DO BETTER — COME, WE WILL DO IT TOGETHER”**

— **Many students and teachers perceive such changes negatively.**

— In my opinion, if something does not suit you, you should participate and do things the way you'll be okay with. Standing aside and criticizing is not the right attitude. Of course, it is always more advantageous, because it is

easier. The Institute, teachers, and students — everybody now is ready for a dialogue and interaction. If you're eager to change, to make something better — come, we will do it together.

— **How do you see the modern educational process? What do we have in the Institute for this and what needs to be developed?**

— We have enough multimedia equipment and computer classes to conduct lessons. I would like to have some audiences-transformers for the flexible organization of the educational process.

**“SIMPLE READING OF LECTURE MATERIAL IS NO LONGER THE STYLE OF TEACHING THAT OUR STUDENTS NEED”**

Unfortunately not always everything is solved by tangible resources, it is very difficult to refocus the mentality and readiness to master new educational technologies. From students there is a request for active teaching methods, but many teachers get used to working in just a lecture-seminar form.

I really like students who look for information in phones during lectures and say: “Elvira Evaldovna, but this author in his later work had already revised his views.” That is great. Simple reading of lecture material is no longer the style of teaching that our students need. It is worth showing that there are other ways that have a higher demand, and, more importantly, more appropriate for the needs of students.

— **How would you like to see the work of the Union of students of our Institute?**

— Active. If the Union of students can combine educational, entertaining and scientific activities, it will show that at the Institute different aspects are available both for students and teachers. There are opportunities for everyone to develop within our Institute.

**Tatyana Madrimova, UIH-443303**

## 7 REASONS TO JOIN THE STUDENTS' UNION

Trade union organization (students' union) UrFU is a biggest Student organization in Russia, unifying more than 17000 of students. The only obligation for each member of the Union is a monthly instalment in an amount of 46 rubles (which is 2% of the scholarship). We found out what opportunities the organization offers and ready to explain why your involvement is worth the effort

### For more information

- [student.urfu.ru](http://student.urfu.ru)
- Lenina St. 51, aud. 119
- Mira St. 19, GUK-309



# 1

### Students' Union protects the rights

There is a project called "Juridical consultations" — all members of the Union are able to ask a professional lawyer a question. The most frequent recourses are: army postponement, getting RF citizenship, eviction from the dormitory.



# 2

### Students' Union helps to save your money

For those who came to the university from afar, we offer a very useful program — RZD (Russian Railways) bonus, which allows students to get their tickets with a 25% discount.



# 3

### Students' Union teaches

You can improve your English or even learn Japanese in the Foreign Languages Club. Each semester students can learn unto 13 languages. There are discounts for all the members of the Students' Union.



# 4

### Students' Union helps financially

Students of a contract basis form of education may claim for a material assistance by the resources of the Student's union budget. All they have to do is to fill out the application correctly, they also have to be a part of Students' Union for half a year and make their instalments in time.



# 5

### Students' Union habituate you to art

Going to the theater for cheaper price is much easier now with the help of a "Culture Day" project — on the repertoire performances of the Center of Modern Dramaturgy, Drama theater, Opera and ballet theater and others. Discounts for the members of Students' Union only.



# 6

### Students' Union gives presents

Students' Union often carries out draws in social networks where you can win all kinds of merchandise: mugs, your student tickets covers, notebooks and much more. Moreover, there is a rating of extracurricular activity — those who gets the highest marks by the end of a semester receives valuable presents, a thank you letters from administration and other bonuses.



# 7

### Students' Union develops and initiates

One of the main goals of Students' Union is to facilitate in implementation of students initiatives. If you don't have any project, but a strong desire to do something incredible, you can always go to the trade union section of the institute where you will find a place for you to work in one of the commissions where you will meet new interesting people, take part in real projects and you will also learn everything about team work.

## BRIEFLY ABOUT THE MAIN

For our freshmen and also for the all students, who spent this summer in a great way, we gathered basic information about student life in our Institute



### Entry to the Institute

Entry to the academic buildings goes only with student identity cards!

#### Security Department

Lenina St. 51, aud. 007, tel.: 8 (343) 358-99-98  
Mira St. 19, I-143, tel.: 8 (343) 375-46-53



### Timetable

	Lenina St. 51	Mira St. 19
1st class	09:00–10:30	08:30–10:00
2ed class	10:40–12:10	10:15–11:45
3d class	12:20–13:50	12:00–13:30
4th class	14:30–16:00	14:15–15:45
5th class	16:10–17:40	16:00–17:30
6th class	17:50–19:20	17:40–19:05
7th class	19:30–21:00	19:15–20:40



### Zonal Library

The biggest university library in Sverdlovsk region

**Address:** Turgeneva St. 4 (2nd floor)

**Opening hours:** M–F: 09:00–19:00, Saturday: 9:00–16:00

**Tel:** (343) 389–94–47 **Website:** lib.urfu.ru

**VK:** vk.com/bibcluburfu



### Personal student's account

You can have a look at curriculum, timetable and also get admission to all necessary services: rating system, electronic library system, selection of the class on PE and so on.

#### Get profile in personal account:

- go to the website iStudent.urfu.ru;
- press the button “Log in”;
- choose the “Получить учетную запись” (it means “Get personal account”)



### Wi-Fi

In our university every student can connect to Wi-Fi. For this you need to select “UrFU” network and enter login and password from your personal account. Besides, there is a international network service for scientific and educational community “Eduroam”, and the guest Wi-Fi network for visitors “CONVEX-UrFU”.



### Hospital in the Institute

Komsomolskaya St. 59, tel.: 8 (343) 374–19–44

#### First-aid posts in the Institute:

Lenina St. 51, aud. 126, tel.: 8 (343) 350–15–04  
Mira St. 19, Э-204, tel.: 8 (343) 375–46–57



### Class timetable

- at urfu.ru, section “Current students”
- at personal account istudent.urfu.ru
- at informational board next to deanery



### Timetable of the canteen

Lenina St. 51	M–F: 09:00–16:00
Turgeneva St. 4	M–F: 09:00–16:00
“ГЭК” Mira St. 19	M–F: 10:00–17:30
“ТЭФ” Sophya Kovalevskaya St. 5	M–S: 10:00–18:00



### Coworking

Coworking-zone in the university is the pleasant innovation at turgeneva st. 4. It is situated next to demidov hall. Every student can come and do some work here: the place is equipped with lamps and sockets.



### Rating system (BRS)

There is a rating system in the institute, which let estimate learning activity and student's achievements. During the study student must attend classes and do all tests, which provide him with scores. Summative assessment on the discipline will depends on amount of scores, which you'll get during the term and scores for the examination period. BRS is available for students in their personal account.



### Extra-curricular rating

Students can get scores for participating in university events, work in student organizations, and extra-curricular activity in whole. Leaders of the rating get bonuses in the end of term: university attributes, opportunity to take part in international forum “Spring Wave” and other projects of university Students' Union. Access to the rating, as the rating of BRS, is accomplished through the personal account.

# PLANNER FOR A FRESHMEN "HELLO URFU!"

 **Group number:** \_\_\_\_\_

 **Head of the group:** \_\_\_\_\_

 **Trade union organizer:** \_\_\_\_\_

 **Deanery:** \_\_\_\_\_

## September

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## October

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## PHOTOS FOR GOOD MEMOIRS

- With the GUK in the background
- With Maxim Gorky's bust in the Lenina St., 51
- With a student identity card — for good luck!
- First selfie with your groupmates ever ;)
- With the brightest students on the opportunity festival
- With Endy the hedgehog
- With your darling curator and tutor
- With the first canteen food
- You sleeping in the class, your groupmates sleeping in the class
- Before and After the First-year student Debut

## DON'T FORGET IN SEPTEMBER

- Get the first "Underwood" issue
- Remember the group number
- Sign on the student identity card
- Get to know your groupmates
- Start a new convenient planner book
- Get your praepostor's phone number
- Remember your curator's full name
- Visit the Opportunity Festival on the 1 of September
- Get the access for your personal account lstudent.urfu.RU
- Join the Students' Union
- Write down your schedule somewhere you often look at
- Get your library ticket
- Get all the necessary literature in the library
- Connect to the University Wi-Fi net
- Participate in the first-year student quest
- Participate in the Russian Studentship Parade
- Sow a loop to your jacket, so that you can leave it in the dressing room
- Learn more about the time-management principles
- Get an E-Mail for the business correspondence

## FOLLOW!

- Ural Federal University: [ural.federal.university](http://ural.federal.university)
- STUDENT UrfU: [student\\_urfu](http://student_urfu)
- POS News UrfU | Keep track: [posnews](http://posnews)
- The Institute: [ugi\\_urfu](http://ugi_urfu)
- Photoclub UrfU: [foto\\_urfu](http://foto_urfu)
- University television UrfU : [tv\\_urfu](http://tv_urfu)

## EVERYDAY TO-DO LIST

- Workout!
- A Healthy breakfast
- Check the schedule and where the classrooms are
- Take the exercise books and make sure that your dog didn't eat your homework
- Put the student ticket in that one right bag
- Take your water bottle
- Don't forget the power-bank
- Take your lunch-box (or wallet)
- Wish everyone a good day
- Go to every class today
- Read a book

## GOT AN IDEA!

- Find something that interests you on an opportunity festival and start today
- Have you heard of the Debut? Time to have a brainstorm with your groupmates!
- Think of a shortest and easiest way to the university, so that you won't waste your time.
- Your summaries will help you a lot in the session week, if you know how to do them efficiently.
- Time for a change! To begin a new life you need a room makeover.
- Eating pattern is very important. Think of the one that will suit you and be careful having snacks in the breaks.
- Think of a tradition that will light you up and make every Monday a special day.

# PLANNER FOR A GRADUATE

 **Group number: (has been changed!)** \_\_\_\_\_

 **Head of the group:** \_\_\_\_\_

 **Trade union organizer:** \_\_\_\_\_

 **Deanery:** \_\_\_\_\_

## September

Пн	Вт	Ср	Чт	Пт	Сб	Вс
					1	2 3
4	5	6	7	8	9 10	
11	12	13	14	15	16 17	
18	19	20	21	22	23 24	
25	26	27	28	29	30	

## October

Пн	Вт	Ср	Чт	Пт	Сб	Вс
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 15	
16	17	18	19	20	21 22	
23	24	25	26	27	28 29	
30	31					

## PHOTOS FOR GOOD MEMOIRS

- With the group — and compare it to the one from the first year
- With your student identity card after it has been prolonged
- Selfie of a successful person
- With your favorite professor
- With your favorite professor
- And your darling curator and tutor
- You, NOT sleeping in the class
- You eating in the class
- Wow! We're in the physical education class!
- Favorite corner in the university

## DON'T FORGET IN SEPTEMBER

- Get the first "Underwood" issue
- Revise all the information for a first-year student, (especially part about the schedule)
- Think about where your student and library ticket might be
- Remember/check your groupmates' names (at least your head of the group)
- Make a list of advices for the first year students and post it on any social media with our hashtags
- Make up with all your library arrears (if you have one)
- Make up with the exam arrear from the past examination week! (if you have one ;)
- Do your in-service education program report
- Sow a loop to your jacket (if you haven't yet)
- Decide on your graduation work topic
- Share it with your adviser professor
- Run away and think again
- Enjoy the weather, calmly walking around after the classes (not instead of them!)

## FOLLOW!

- YUral Federal University: [ural.federal.university](http://ural.federal.university)
- STUDENT UrFU: [student\\_urfu](https://t.me/student_urfu)
- POS News UrFU | Keep track: [posnews](https://t.me/posnews)
- The Institute: [ugi\\_urfu](https://t.me/ugi_urfu)
- Photoclub UrFU: [foto\\_urfu](https://t.me/foto_urfu)
- University television UrFU : [tv\\_urfu](https://t.me/tv_urfu)

## EVERYDAY TO-DO LIST

- Hear the last alarm clock bell
- Try to wake up
- Actually wake up
- GET OUT OF BED
- Have a breakfast
- Go to the university
- Wish everyone a good day
- Find out what classes you've got today
- Go to all of them
- Read a book
- Do something for yourself

## NOTES SECTION

(The reexamination schedule, a sketch of your groupmates or a tic-tac-toe board would look very cute here)

## ADVICES FOR A FRESHMAN



**Alexey Fajustov**, *Deputy Pro-rector of Informational Policy, director of media center*

"You better take the bull by the horns from the very first day! Never postpone anything. But most importantly, learn how to... learn! If you haven't yet. You will even enjoy higher mathematics then".



**Ksenia Lozovskaya**, *Deputy Director of Confucius Institute:*

"Physical Education is sacrosanct! More sacred than any other subject. Cherish the groupmate who writes down all the lectures. Google is a great way to find anything, but go check the library. It is truly amazing. It's always nice to meet students at Simple Coffee, but it's even better to meet them in a classroom. You have to know how to stop when it comes to skipping classes".



**Aslan Kagiev**, *the Chairperson of the Students' Union:*

"So, my dear friend, now that you're 18, I guess, here's my simple advice. Remember that you've got these 4–6 years of unique time to develop yourself as a person and as a professional. I love this quote: invest in yourself, you are in this special university, and here you will find numerous opportunities to shape yourself up. Make the most out of this time!"



**Ekaterina Vitjuk**, *Deputy Chairperson of the Project management:*

"Dear first year students, take all the opportunities that you've got and the ones that university gives you. Do your extra reading, attend different courses and master-classes, meet new people, participate in extracurricular activity and this will make your experience vivid and unforgettable".



**Tatyana Madrimova**, *Acting Assistant of the Students' Union Chairperson:*

"The most important thing is to stay aware of what's going on — take part in all kinds of events, visit extra courses, always try to pass your exams at the fixed time. Don't grudge your time for this. Four years will fly, and only after receiving your diploma you will realize that these were the best years of your life. Improve yourself, grow, chase your goals. University is a place where you will always be heard, where you'll find anything you need to make your dreams come true. You only need to make an effort. Try new things and don't be scared of mistakes — that's how you learn. Make memories, make friends and don't ever lose yourself".



**Алина Мелехина**, *Alina Melehina, 2 year student of Art history department:*

"Communication is the best and the worst thing of everything that waits you in the dormitory. Take care of your relationships with your roommates, otherwise this will be a tough year. Same thing with the staff — make sure you're on good terms with them. Common life draws people together though, so there is a good chance that you will find your new best friend soon".

# MENTORS

While during active admission campaign applicants of our institute were becoming full-fledged students, mentors were preparing to be their “lifesavers”. What kind of knowledge and skills do you need to have to answer easily all questions and become a true friend for first-year students?

## WHO

Who are the mentors? They are students who take care of first-year students and know the answers to all their questions. But not everyone becomes a mentor: students should pass the “School of Mentors”, which is organized by the Students’ Union.

At the “School” future mentors get not only required knowledge about the university and the institute, but also make out the questions about the significance of various actions, understand themselves before they help others.

**“RELATIONSHIP WITH FIRST-YEAR STUDENTS ARE BASED ON MUTUAL RESPECT, OTHERWISE NOTHING WILL WORK”**

**Daniil Kaigorodov**, a member of student union, former vice-chairperson of ISPS for work with mentors told us that every mentor builds a relationship with first-year students in a special way: someone surrounds them with care as parents, someone becomes an example for them as an older brother, and someone blurs all boundaries as friends do. However, in his opinion, the main thing is to be able to combine everything at once, otherwise relationship can be spoiled.

## HOW

University is always the beginning of a new life, first-year student needs support and self-confidence. “The first two weeks will be difficult for both first-year students and mentors themselves” says **Alexandra Tyanikova**, graduate of our institute, the head of the Association of Student Mentors of the UrFU.

“Students only begin to get acquainted with the university, teachers and subjects. Mentors will spend a lot of time with their

wards, will help to unite the group, will tell details about their specialties. Also, mentors will become good companions, to whom you can address with any question, as they pass special training”.

— from “School of Mentors” lecture

## WHY

Ural Federal University offers many opportunities to prove yourself: sport, creation, intellectual activities will help you to enjoy more your student life. It is very important to help guys to determine the direction of their future activities in such variety.

**THIS YEAR 310 MENTORS WILL WORK WITH FIRST-YEAR STUDENTS, 54 OF THEM ARE STUDENTS OF INSTITUTE**

“A mentor is a person who doesn’t control, but guides. I understand that every first-year student is an individual, each has his own talent. I believe that one of my tasks as a mentor is to reveal this talent and to help to develop it within the university” said **Yevgenia Postny**, a second-year student at the Faculty of Journalism. Mentors already meet their first-year students. Each of them is determined and ready to accompany wards to the student life”.

**Elizaveta Bozova, UIH-263306**

## ANY QUESTIONS?



**Alexandra Tyanikova**  
Head of UrFU Students’  
Mentors association  
8 (929) 215-70-31  
vk.com/tyanikova



**Maria Gracheva**  
Deputy chairperson of UIH Students’  
Union in mentors’ direction  
8 (982) 610-61-61  
vk.com/id52394869

## EDUCATION AND TRAVELLING WITH ERASMUS+

The fourth year student of faculty of journalism Polina Oleneva who studied in Hungary as an exchange student told to “Underwood” how to combine study and travel and what students from different countries think about Russia

In the last semester I was fortunate enough to participate in Erasmus+ exchange program and study in the University of Dunaujváros. Eduard Viktorovich Patrakov, coordinator of Erasmus+ program on Hungarian University of Dunaujvaros helped me to choose right program for my speciality (Journalism).

To be chosen for the program, participants should have recommendation letter, high level of English language, excellent academic achievements and scientific publications. But at that time nobody knew about this program. There was only one place for my speciality “Communication and Media BA” and I was lucky to be chosen without a competition.

**ERASMUS PROGRAM ALLOWS STUDENTS TO STUDY FOR FREE IN PARTNER UNIVERSITIES OF URAL FEDERAL UNIVERSITY AND GET A SCHOLARSHIP WHICH COVERS ALMOST ALL EXPENSES**

### With economists and sociologists

In European education system you can choose the subjects to study by yourself. As a result there is no dividing into groups so in one class could be economists, journalists and sociologists. Classes were interactive with presentations and mind maps. My favorite classes were “Corporate social responsibility” and “Business Communications”. At the class of Business Communication we talked about the specifics of communication in our countries. It turned out that French people don't really like when somebody tries to demonstrate knowledge of couple of phrases in their language.

### Tea from the Russian “samovar”

During the classes I met students from different countries: Turkey, Portugal, Brazil, China, Morocco, Tunisia, Zimbabwe, Syria, Azerbaijan and Cameroon.

Guys from hot countries were asking me if it is true that



Photos from personal archive

we don't have roads and we are moving on snowmobiles around the city. They thought that we don't have a transport system because of a cold weather and that we live in igloo.

In University's international club i didn't miss the chance to make a presentation “Crush stereotypes about Russia”. I was helped to find giant “matryoshkas” and a real “samovar”! After my speech there was a long queue of people who wanted to disassemble a real “doll inside a doll” and drink tea from the Russian “samovar”.

### Travelling alone is something else

We studied three or four days a week and remaining time we used for self-education. Thanks to this we had a unique opportunity to travel around Europe! During six months I managed to visit seven countries of European Union. It turned out that is easy and cheap if you book tickets and hostels at least two weeks before the trip. We arranged trips with my friends by ourselves. We travelled around Hungary, Austria, Czech Republic, Slovenia and Croatia. Poland, Croatia (again) and Slovakia I managed to visit alone, so everything is perceived quite differently, and you can see much more.

After coming back home I understand that it was the best six months in my life. Would I advise you to participate in this program during your study in UrFU? Definitely yes! You will return as an absolutely different person with an invaluable experience of living abroad and with a lot of friends worldwide.

**Polina Oleneva, UIH-443302**

**9 STEPS TO PARTICIPATE IN EXCHANGE PROGRAM ARE PRESENTED ON URFU.RU, SECTION “STUDIES” (“OUTBOUND MOBILITY”)**

**Academic mobility coordinator**

Mr. Alexey Zaytsev

E-mail: a.i.zaitcev@urfu.ru, exchange@urfu.ru

19 Mira st., GUK-209

## “AFTER DIPLOMA” PROJECT:

# “A NEW LIFE HAS BEGUN AND IT’S TIME TO DECIDE WHAT TO DO NEXT”

You learn — you live, but what about “life after diploma”? In the run-up to the graduation anniversary three journalism graduates of 2016 decided to do a meet up with their groupmates and tell each other about everything that has happened in the past 365 days

The idea of the project crossed **Danil Bardin’s** mind who shared it with his groupmates — **Olya Kuzmina** and **Sasha Artushenko**. With the help of **Stepan Likhachev** (operator), they filmed their first season of the project called “After diploma”, which tells about a year of 10 journalism faculty graduates. We asked a few questions about the project.

— Tell us, how did you manage to create your team among all of those graduated?

**Olya:** We had that strong feeling of nostalgia, and we wanted to know about how our groupmates’ lives turned out. We also wanted to share our tips on making the first steps into adulthood with both students and graduates. We experienced it ourselves: you walk out the university with the treasured diploma in your hands and you realize that your new life has begun. This exact moment seemed to be very special to us — that’s how the concept of our project was born.

**TO WATCH ALL SERIES GO TO:  
VK.COM/POSLEDIPLOMA**

— Does everyone of those who being interviewed enjoy sharing their experience and telling stories of their current lives?

**Olya:** Yes, they all were very happy to respond. I have to tell you about how the characters were chosen: about 70 people graduated in 2016, and we only had to choose 10 of them. We needed interesting people with outstanding personalities. We also paid attention to their professional histories, we needed those who had some obstacles with the job placement, we wanted to show how they managed to deal with it. We tried to find stories that could inspire other students of all faculties.



Фото: из личного архива героев

— Were there any funny moments while you were working?

**Sasha:** Something happens all the time, to be honest. I think, the funniest moment was when Olya, our editor, had to edit 5 videos in a week, because she was preparing for her Sakhalin trip that time. She was suffering and so mad at us, but she made it. She is, in my opinion, a representative example of a beseeing attitude to one’s job.

**“MY FRIENDS ARE VERY HARD-WORKING PEOPLE: OLYA KUZMINA IS A REAL HERO, SHE EDITED EVERYTHING AND WROTE THE SCRIPTS TO HALF OF ALL OUR PLOTS. STEPAN LIKHACHEV IS A VIDEO GENIUS, HIS FILMING IS VERY PROFESSIONAL. SASHA ARTUSHENKO SCRUPULOUSLY RUNS ALL OF OUR SOCIAL ACCOUNTS. BASICALLY, ALL I DO IS SMILE ALL THE TIME AND WRITE LITTLE INTRODUCTIONS TO OUR VIDEOS SOMETIMES.”**

— **DANIL BARDIN**

— How do you see the future of your project?

**Danil:** We finished filming our season 1. We’ve got an idea of doing it again on the university scale, we realized that we made a good project and we can improve it. People like it, and that is the most important part of it.

**Anastasia Golovina, UIH-444023**



## Friends, read fairy tales

We are excited to announce a new heading “Book shelf”. Students, teachers and university employees will tell us about their favorite genres and books. In the first edition we are happy to have Ekaterina Aleksandrovna Berezovskaya, the executive secretary of Ural Federal and an assistant professor of the “chair of editorial business” share with us her bookish mood

We are excited to announce a new heading “Book shelf”. Students, teachers and university employees will tell us about their favorite genres and books. In the first edition we are happy to have Ekaterina Aleksandrovna Berezovskaya, the executive secretary of Ural Federal and an assistant professor of the “chair of editorial business” share with us her bookish mood.

“What wonderful things are these fairy tales! Every one of them is a poem!” — as was once written by Alexandr Sergeevich. I can’t but agree with the classic and with all my heart advise to read all kinds of tales, especially folk — about animals and people, about tsarevitches and wizards, about heroes and beautiful maidens, magical, educational, scary, funny... — any. It is an absolutely unique world. Besides, it is a storehouse of folk wisdom and most importantly a source of new ideas. Just imagine what kind of sound ideas you can get from reading a fairy tale!

By the way fabled stories to this day inspire artistic people to create various compositions. One can think of books,

films, plays and other. The allusion in them may not always be obvious — sometimes it doesn’t even come to mind that the author’s ideas were based on some fabled story. It once happened to me too — when I was reading “Yellow metal key” by Max Frei; by the way a very worthy book. And I am not even talking about the quotes that can be found in the plots of modern blockbusters or popular series...

Friends, my advice is to read fairy tales; but only in paper — no e-books. And try to choose those publications in which you would find every detail appealing: the format, the volume (thickness), the quality of the paper and cover design, the font and pictures... Such books, if bought with love can become good friends for years to come and will always be able to support you in difficult situations, share your joy and give you an opportunity to spend any, even the most tedious autumn or winter evening, pleasantly when the weather is bad and you crave for some warmth and coziness.



Photo by Darya Pletneva

We all enjoy reading books. It doesn’t depend on the age, the hobbies, and the way of life — if you find Your book — and suddenly it is impossible to stop reading the discreet stories printed on these pages. But the 21st century has made some adjustments in the usual lifestyle: we find it harder and harder to focus on the book and we pay more attention to the news feed. So what can motivate us to do the opposite?

### LiveLib

Livelib is a service for all people who love reading. It was created in 2007 by some book lovers to discuss their favorite books and now after a decade it has become the biggest literature social network. The service absorbs the reader with the variety of possibilities: the reader can read book reviews or to become an author, learn the latest literature news and the book market, add some quotes to a book, organize his own reader’s diary and most importantly to discuss the most worrying topics with other book lovers.

### “Book challenge 2017”

The “Book challenge 2017” is an annual LiveLib project that you can join at any time. So what kind of challenge is it? In this challenge you challenge yourself! How many books would you like to read before the end of the year? The number is all you really need to take part. Once you have come up with the number, register in the competition and... start reading!

You can find any book on the website that you have already started reading and mark one of the following positions: “I want to read it”, “I am reading it”, “I haven’t finished it”, “I have read it”. This can help you to create your own list of literature you want to read and can motivate you — as it is so desirable to mark as many books as “read”. As soon as one of your books gets the status “read”, the statistics of your “Book challenge” that shows the days left, the progress and how well you are keeping to your schedule gets updated.

There is also a competitive side to the challenge: the website has a user rating system. The leaders of this rating are truly inspiring. You can also have a look at what books a user has read during his “Book challenge”. There will definitely be something new and engaging.

### Today!

If you like this idea, you must start today. Don’t wait for next year. There are still 17 weeks of 2017. We can still manage to do many things. A book per week: can you do that? Or maybe two? Three?

Сайт LiveLib: [livelib.ru](http://livelib.ru)

Страница проекта: [livelib.ru/challenge/2017](http://livelib.ru/challenge/2017)

Polina Pogrebitskaya

# Students from the other side

Student life is a time of new impressions and bright emotions. It was been like this and it will always be. And the confirmation of this is the movies from different years. We're sure that among the variety of genres you will definitely find a special film and will immerse yourself in a pleasant atmosphere

## Operation Y and Shurik's Other Adventures (1965)



Comedy

Shurik and Lida are students of the Polytechnic Institute and it's time for summer examinations. In the last hour before the exam Shurik stumbled upon the lecture notes of an unfamiliar student, and he follows her everywhere, even gets to her home. Young people have no time to pay attention to anything, so they get acquainted only after the exam.

## Dead Poets Society (1989)



Drama

John Keating is a teacher of English literature. His manner of teaching isn't ordinary. Possessor of the mystery of the Society of the Dead Poets — he knows exactly how to inspire his students to change their life through the love of literature.

## Good Will Hunting (1997)



Drama

Will Hunting is a 20-year-old prodigy from Boston, who is futilely burning his life, wasting his rare gift in vain. Obviously, he needs a mentor who can re-educate a difficult teenager. A talented mathematics professor takes the boy under his care, and over time their relationship develops into a real friendship.

## The Faculty (1998)



Science fiction

Students at Harrington College act like children who always make fight with each other. Everything changes after the discovery they made: college teachers are aliens from another planet. Now the former rivals are forced to unite in order to escape from the alien invasion.

## The Oxford Murders (2008)



Thriller

Series of mysterious murders happened in prestigious university in England. Student Martin and professor of mathematics Seldom conduct their own investigation, solve complex riddles and find out at the same time many interesting facts about the famous Oxford.

## Monsters University (2013)



Animation

Mike and Sally weren't always the experienced Monstropolis frighteners, and the relationship between them was not as smooth as one might think. The University of Monsters not only helped them to learn the skills of intimidation, but also gave them a strong friendship.

## NEW MOVIES

### Kingsman: The Golden Circle



Release date: 21 september  
Genre: action, comedy  
The sequel to one of the best entertaining films of recent years about the life of British super agents. In new movie- new characters: American intelligence service "Statesman" together with the characters we've already liked, are going to save the world. We are waiting for excellent jokes and cool action!

### Blade Runner 2049



Release date: 5 October  
Genre: science fiction, thriller  
A new work of the two-time nominee for the Oscar — director Denis Villeneuve. The sequel of Rick Deckard's story after several decades. The series of films is based on the cult novel of Philip Dick. Haven't seen the trailer yet? Then hurry up! It's going to be an incredible beauty.

## National Education Platform “Open Education”

Nowadays online courses are supposed to be one of the most convenient and the most effective learning tools. On the Internet there are a lot of opportunities to study the desired topic in this format independently or under the guidance of a curator.

“Open Education” was established for students of Russian universities. On the platform professors of the leading universities of Russia help students

to accomplish great goals in basic disciplines of education programs. The courses are free. After completing the course a participant gets a certificate of successful completion.

We have prepared a review of “Open Education” online courses developed by lecturers of our Institute.

Website of National Education Platform

“Open Education” : [openedu.ru](http://openedu.ru).

### Philosophy and History of Science and Technology

11 September 2017 — 15 February 2018

**Lecturers:** Zamoshchanskiy Ivan Igorevich, Pyryanova Olga Anatolyevna

**Description:** What is the relationship between technology and philosophy? This course will help you to define in practice the dependence of ways of technological development on development of philosophical thought, worldview and cultural context. This course will be especially useful for students studying in technical fields, building on cultural realities of today the course will help them grow and develop science in right direction.

### Philosophy and methodology of science

11 September 2017 — 15 February 2018

**Lecturers:** Zamoshchanskiy Ivan Igorevich, Pyryanova Olga Anatolyevna, Batyuta Ekaterina, Seleznev Vladislav, Uskova Ekaterina

**Description:** This course is aimed at master’s degree candidates: it is as close as possible to the structure of their research activities. “Philosophy and methodology of science” will show ways of applying knowledge in the field of philosophy of science in writing the first sections of master’s thesis (conception, academic novelty, relevance of the research).

### Culture of Russian business language

11 September 2017 — 15 February 2018

**Lecturers:** Zamoshchanskiy Ivan Igorevich, Pyryanova Olga Anatolyevna, Batyuta Ekaterina, Seleznev Vladislav, Uskova Ekaterina

**Description:** This course is aimed at master’s degree candidates: it is as close as possible to the structure of their research activities. “Philosophy and methodology of science” will show ways of applying knowledge in the field of philosophy of science in writing the first sections of master’s thesis (conception, academic novelty, relevance of the research).

### Self-management

11 сентября 2017 — 15 февраля 2018 г.

**Lecturers:** Okhotnikov Oleg Valentinovich, Ponomareva Olga Yakovlevna

**Description:** Proper self-organization will help you learn to accomplish any goals and make progress in your field. It is helpful in achievement both professional and personal purposes, as well as for effective time management and quality planning. The course will help you learn to work in team, develop management skills and other personal competencies.

#### Underwood

The edition of Ural Institute of Humanities UrFU

**Founder, publisher:** directorate, the Students’ Union of the Institute

**Main editor:** Polina Pogrebetskaya

**Chief-editor:** Darya Pletneva

**Editors:** Ekaterina Vasileva, Anastasia Nesterova

**Designer:** Polina Pogrebetskaya

**Cover picture:** Veronika Sivkova

**Journalists:** Elizaveta Bozova, Anastasia Golovina, Tatyana Madrimova, Elena Smogorzhevskaya, Natalya Fahrutdinova, Sophya Yuzhakova

**Translators in English:**

Anastasia Bocharova, Ksenya Kazarinova, Christina Mihailuk, Irina Uhabotina, Alina Shakirova, Darya Chertousova

**Printed by** the Publishing center of the UrFU

**Circulation:** 500 copies

**Price:** for free

**Signed to print:** 29.08.2017

**The electronic version:**

[urgi.urfu.ru/underwood/](http://urgi.urfu.ru/underwood/)

**E-mail:** [ugiunderwood@gmail.com](mailto:ugiunderwood@gmail.com)

The opinion of the author may not coincide with opinion of editors.